

## SUPPORT GROUPS FOR CAREGIVERS

## Wyoming Chapter

The Dementia Caregiver Support Groups meet on an ongoing monthly basis and are for family or friends who have a loved one with Alzheimer's disease or another form of dementia at any stage of the disease. The groups are facilitated by volunteers who are screened, trained, and supervised by the Alzheimer's Association. Support Groups are a safe place to receive support for the difficult journey of Alzheimer's. Please call ahead before your first visit to register and receive the ZOOM link: 800-272-3900

## **WYO Virtual Dementia Caregiver Support Groups**

Registration is required before you attend your first meeting. Call 800-272-3900 or Email amaguilar@alz.org

Wyoming Virtual Caregiver Support Group	3rd Wednesday	4:30 to 6:00 pm
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## Region Four Specialized Dementia Caregiver Support Groups

Specialized groups offer support tailored to the needs of the audience. Registration is required before you attend your first meeting. Call 800-272-3900 or Email amaguilar@alz.org

Adult Children Support Group	1st Wednesday	7:00 to 8:30 pm
Faith Based Support Group	1st, 3rd, & 4th Wed	10:00 to 11:30 am
Early Stage Caregiver Support Group	1st Thursday	1:00 to 2:00 pm
Frontotemporal Degeneration (FTD) Support Group	2nd Tuesday	5:30 to 7:00 pm
Grieving After Dementia Support Group	1st & 3rd Mondays	11:30 am to 1:00 pm
Grieving Through Dementia Support Group	2nd Wednesday	10:00 to 11:30 am
LGBTQ Support Group	3rd Tuesday	11:00 am to noon
Lewy Body Dementia Support Group	3rd Thursday	6:00 to 7:30 pm
Lewy Body & Parkinson's Dementia Support Group	2nd Monday	3:30 to 5:00 pm
Men's Support Group (hybrid group)	3rd Tuesday	12:00 to 1:00 pm
Sandwich Generation Support Group	4th Saturday	10:00 to 11:30 am
Younger Onset - Adult Children Support Group	2nd Wednesday	6:30 to 7:30 pm

NO COST TO ATTEND.

FOR MORE INFORMATION, CALL 800.272.3900 EMAIL: DEBIANCHI@ALZ.ORG, or VISIT ALZ.ORG/WYOMING

