

# LeadingAge™ Wyoming

January 2025

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## Wyoming Legislative Session

The Wyoming Legislative Session began January 14, 2025. LeadingAge Wyoming staff are busy preparing for what is anticipated to be a very active session for issues of importance to healthcare providers.

LeadingAge Wyoming will continue holding weekly legislative calls during the upcoming session. A meeting invite has been sent to all Administrators. These calls will be held every Friday at 3:00 p.m. If you have not received the meeting invite, please contact us.

To discuss any legislative issues of concern, please don't hesitate to reach out to LAW advocacy team, Eric Boley at [eric@leadingagewyoming.org](mailto:eric@leadingagewyoming.org) or call 3007-632-9344.



## 2025 Webinar Series for Rural Healthcare Providers

The Wyoming Telehealth Network is currently planning a 2025 webinar series focused on supporting rural healthcare providers in Wyoming. Please take a brief survey to help create a series that best meets your needs and offers the most value to you.

Your feedback will play a crucial role in shaping topics, content, and delivery methods to ensure the webinars are as helpful and relevant as possible for your practice.

Please take a few minutes to **complete the survey by February 3rd**. Your input is greatly

appreciated!

Take Survey



## LeadingAge Updates

### Time for Nominations - LeadingAge Leadership Award

Nominating a dynamic and deserving colleague for the **LeadingAge Leadership Award** requires gathering some details, so now is the time to begin. **Start with the online nomination form**, including instructions on the letters of recommendation required along with the details needed to demonstrate the nominee's critical role in enabling the success of their mission-driven organization. Remember, *nominations are due February 4*. **Learn more about the Award** and **prepare your nomination today!**

### Respiratory Virus Season: Reminders and Resources

It's not too late to get this season's vaccines. If you help care for someone age 60 or older, make sure they understand their risk of getting very sick with flu, COVID-19, and RSV, and that vaccines can help protect them. **See the latest reminders and information about respiratory viruses** to share with residents and clients, and access **Risk Less. Do More. communications resources**, part of the LeadingAge partnership with the Department of Health and Human Services. Also keep up on winter virus respiratory season with our **Continued Fight Against COVID and Other Respiratory Viruses** serial post.

### As Wildfires Devastate Los Angeles, Members Help Members

As fires continue to ravage Southern California, more than 750 residents have evacuated LeadingAge member communities, while at least 13 member staff have lost their homes. LeadingAge California has **issued a Mutual Aid Alert** to organize placements for residents of the evacuated member communities, secure food and supplies, and coordinate with state administration partners to better understand where support might be needed. **"It's a harrowing time," said the CEO of LeadingAge member Front Porch.** Please consider **making a donation to the LeadingAge Disaster Relief Fund.**

## Free Online Learning Available for Wyoming's Older Adults

A wide range of free classes is available for older Wyoming adults through the Wyoming Department of Health's (WDH) ongoing partnership with a robust online learning service.

Jeff Clark, Community Living Section manager with the WDH Aging Division, described the "GetSetUp" digital education site as an overall opportunity for older adults to increase activity, boost wellness and spark their creativity by learning new things.

Wyoming residents have participated in nearly 20,000 classes since WDH made GetSetUp available in the state roughly three years ago. "While the variety of subjects available through GetSetUp is impressive, fitness classes have been the most popular by far among Wyoming users," Clark said.

"Wyoming residents can access thousands of interactive classes taught by older adults to their peers on GetSetUp," Clark said. "These classes can be a simple way to connect with others from the comfort and safety of one's home, which is especially a nice feature during poor weather."

Beyond popular fitness classes such as “indoor walking workout,” available subjects range from avoiding scams, building computer skills, crafting and cooking to learning about volunteering. Some offerings involve live sessions; others are recorded and available at any time.

GetSetUp’s custom-built video learning interface is available around the clock and has been tailored to older adults of all tech levels. The platform offers support via phone and in all classes to help learners with technology, and includes a booking system complete with regular reminders and after-class notes.

Wyoming’s older adults can safely and easily connect with a worldwide community by visiting <https://www.getsetup.io/partner/wyoming> online. Because of the WDH Aging Division partnership with GetSetUp, the classes are free for state residents. To avoid fees, residents should use the coupon code “Wyoming” while booking classes.

Clark noted many classes are available in Spanish, with some presented in other languages as well.

### **Crook County Medical Services Long Term Care**

We are busy as always in Long Term Care! We worked on the giant coloring sheet, had more air hockey champs, and celebrated winter memories by making snow men and eating snow cone



### **Cody Regional Long Term Care**

Building snowmen on this snow-flurry day



### **Weston County Health Services Long Term Care**

The residents have been enthusiastically embracing the holiday spirit the last few days, with activities spanning from gingerbread house construction and cookie decorating to receiving a very special visit from Mr and Mrs. Clause



**May 28-29, 2025**

LeadingAge Wyoming Spring Meeting  
Casper, Wyoming

**September 3-4, 2025**

LeadingAge Wyoming Annual Meeting  
Laramie, Wyoming



Wyoming Hospital Association | 2005 Warren Ave | Cheyenne, WY 82001-3725 US

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